

# BRYANT LUSK

## AUTHOR AND MILITARY VETERAN

### Author Bio

Bryant Lusk is an author and military veteran who grew up on the tough south side of Chicago. Despite growing up with the ever-present environmental challenges of gang violence and poverty, he became a successful Safety Inspector and Quality Control Specialist with the United States Government.

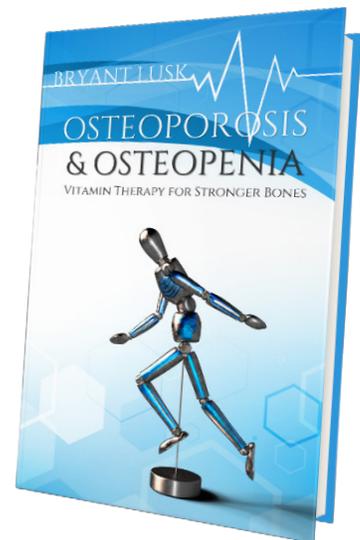
Bryant also spent four years in the United States Air Force, gaining valuable experience and learning the true meaning of pride and empowerment. His desire to serve and protect others led him to write this first installment to his SHARE THE HEALTH book series. With a determination to prevent and treat debilitating conditions, Bryant's books have helped many.

With his latest offering, he shifts the focus to naturally treat osteoporosis and osteopenia, a musculoskeletal disease that inflicts back pain and bone fractures on millions of women and men worldwide. By identifying the best formulations of vitamins and minerals required to treat osteoporosis and osteopenia naturally, his approach to vitamin therapy is both affordable and effective. He includes a natural strategy to improve liver function, which is a critical component for building stronger bones and improving overall health

In his free time, Bryant enjoys watching classic films and cultural encounters. He particularly enjoys spending quality time with friends and loved ones and of course carrying out research and writing on the things that go toward helping millions of people to improve their health and quality of life.



## OSTEOPOROSIS & OSTEOPENIA: VITAMIN THERAPY FOR STRONGER BONES BY BRYANT LUSK



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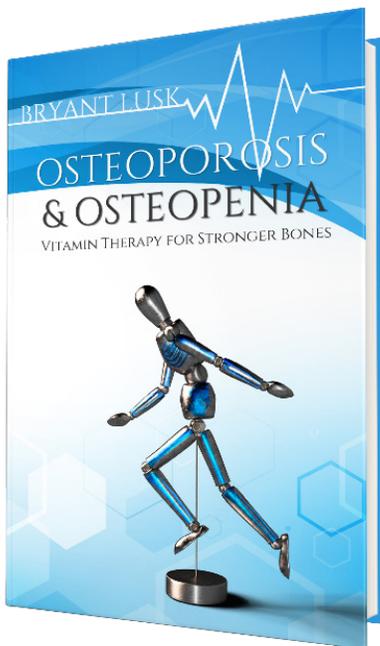
# OSTEOPOROSIS & OSTEOPENIA:

## VITAMIN THERAPY FOR STRONGER BONES

### The 'must read' for Osteoporosis--Diet therapy

The path of least resistance to improved bone health is in this book.

Put an end to osteoporosis. Get your copy today!



**Category:** Health & Fitness

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**Amazon Best Seller:** Osteoporosis, Osteopathy, Vitamins, Musculoskeletal Disease.

The bones that form inside your body are truly incredible. They need the right balance of hormones, vitamins, and minerals for maximum density and strength. This easy to follow approach will fuel your natural ability to increase bone density, improve bone quality, and suppress bone loss.

Moreover, rarely discussed is the vastly significant role your liver plays in building stronger bones. A healthy liver is the heart and soul of bone health. Discover popular weight loss products that can damage your liver and how to avoid them.



*"In all the years I have researched the effectiveness of supplements, I've only come across a handful of texts as well balanced as Osteoporosis & Osteopenia: Vitamin Therapy for Stronger Bones. This book is going to go into my collection as a reference book that I will frequently visit."*

*- Literary Titan*



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